

## Community Services Referrals

### East County

Organization	About Organization	Contact Person	Phone #	Address	Restrictions
<b>Lakeside River Park Conservancy</b>	River clean ups, trail mainten., construction (Physical Work)	Cindy Collen	(619) 443-4770	12108 Industry Rd. Lakeside, 92040	Medical conditions would need clearance from Dr.
<b>McAlister Institute Thrift Store</b>	Thrift Store Assistance	James Zatarian	(619) 442-0212	993 E Main St. El Cajon, 92021	Sex, violent, or arson offenses
<b>Ramon Parks &amp; Rec.</b>	Outdoor work	Ernie Filla	(760) 445-6498	434 Aqua Lane Ramona, 92065	None

### North County

Organization	About Organization	Contact Person	Phone #	Address	Restrictions
<b>Meals on Wheels</b>		Charlotte Sans	(760) 736-9900	930 Boardwalk, Suite C San Marcos, 92078	None
<b>Meals with Love</b>		Kathy Vaughn	(760) 726-1225	651 Eucalyptus Ave. Vista, 92084	Sex offenses
<b>Restore</b>	Warehouse work	Rhea Stumm	(619) 283-4663 Ext. 140 rheas@sdhfh.org	837 Metcalf St. Escondido, 92025	Sex, violent, or theft offenses
<b>St. Vincent de Paul Thrift Store</b>	Thrift Store Assistance	Angelina Bondac	(760) 747-3316	1005 S. Escondido Blvd. Escon., 92025	None
<b>Salvation Army</b>	Assistance for the church	Brittini Nmyorga	(760) 745-8616 Ext. 102	1301 Las Villas Way Escon., 92026	Sex offenses
<b>Salvation Army Thrift Store</b>		Rosie	(760) 746-8321	183 E Wash. Ave. Escon., 92025	Sex offenses
<b>San Diego Food Bank</b>		Nicky	(760) 761-1140	680 Rancheros Dr. #100 San Marcos, 92069	Misds. only

## San Diego Area

Organization	About Organization	Contact Person	Phone #	Address	Restrictions
<b>Christ United Methodist Ministry Center “Cross Roads”</b>	Food Services (unload food trucks & setup food boxes)	Jeanetta Kramer	(619) 284-9205	3295 Meade Ave. SD, 92116	Sex & violent offenses
<b>Mama’s Kitchen</b>	Food drives (must attend an orientation)	Bill Patten	(619) 233-6262	3960 Home Ave. SD, 92105	Violent & theft offenses
<b>ReStore</b>	Warehouse work	Rhea Stumm	(619)283-4663 Ext. 140 rheas@sdhfh.org	10222 San Diego Mission Rd. SD, 92108	Sex, violent, or theft offenses
<b>San Diego Rescue Mission Thrift Store</b>	Food Services	Debbie Krkauer	(619) 819-1897	5150 University Ave. SD, 92104	Misd. Only
<b>San Diego River Park Foundation</b>	Cleanup rivers, beaches, & parks	DeVerna Rogers	(619) 297-7380	4891 Pacific Hwy. SD, 92110	None
<b>United Cerebral Palsy Thrift Store</b>	Thrift Shop Assistance	Tasha Aldridge (Store Manager)	(619) 285-9014	4341 El Cajon Blvd. SD, 92105	Sex, DV, or theft offenses

## South Bay

Organization	About Organization	Contact Person	Phone #	Address	Restrictions
<b>South Bay Community Services</b>	Food asst. serving meals (work done throughout South Bay County)	Liz Ertel	(619) 420-3620	430 F St. CV, 91910	Sex offenses
<b>Turning The Hearts</b>	Food pantry, cleaning	Manny Castro	(619) 691-9643	345 5 <sup>th</sup> Ave. CV, 91910	None. There is a fee

## Valley Area

<b>Organization</b>	<b>About Organization</b>	<b>Contact Person</b>	<b>Phone #</b>	<b>Address</b>	<b>Restrictions</b>
<b>Imperial Valley Food Bank</b>	Warehouse work	Lucia Sanchez	(760) 370-0966	329 Applestill Rd. El Centro, 92243	Violent offenses
<b>Neighborhood House</b>	Need to first attend orientation (always @ 3:30 on a Tues.)	Cindy Alba	(760) 357-6875	506 E 4 <sup>th</sup> St. Calexico, 92231	None
<b>Salvation Army</b>	Kitchen, office, or store assistance	Carmen Avina	(760)352-4528  Store (760) 353-2260	1301 S 4 <sup>th</sup> St. El Centro, 92243	Sex or Elder Abuse Offenses
<b>Womenhaven Thrift Store</b>	Thrift Shop assistance	Nancy Levon	(760) 337-2680	601 Broadway El Centro, 92243	Sex or theft offenses